



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

PERSONAL TRAINING PRICING OPTIONS

FULL (55-60 MIN)

Sessions	Y Member	Cost per Session	Program Member
1	\$65.00	<i>\$65.00</i>	\$90.00
3	\$165.00	<i>\$55.00</i>	\$240.00
6	\$280.00	<i>\$46.67</i>	\$390.00
12	\$460.00	<i>\$38.33</i>	\$605.00
24	\$820.00	<i>\$34.17</i>	\$1060.00
48	\$1550.00	<i>\$32.29</i>	\$1999.00

EXPRESS (25-30 MIN)

Sessions	Y Member	Cost per Session	Program Member
1	\$49.00	<i>\$49.00</i>	\$75.00
3	\$95.00	<i>\$31.67</i>	\$155.00
6	\$170.00	<i>\$28.33</i>	\$255.00
12	\$295.00	<i>\$24.58</i>	\$390.00
24	\$585.00	<i>\$24.37</i>	\$880.00
48	\$1149.00	<i>\$23.94</i>	\$1725.00

SMALL GROUP (55-60 MIN)

*Cost is per participant

Sessions	Y Member	Cost per Session	Program Member
1	\$55.00	<i>\$55.00</i>	\$80.00
3	\$115.00	<i>\$38.33</i>	\$160.00
6	\$195.00	<i>\$32.50</i>	\$295.00
12	\$345.00	<i>\$28.75</i>	\$495.00
24	\$649.00	<i>\$27.04</i>	\$890.00
48	\$1225.00	<i>\$25.52</i>	\$1729.00

YOUTH (45 MIN)

Sessions	Y Member	Cost per Session	Program Member
1	\$60.00	<i>\$60.00</i>	\$85.00
3	\$110.00	<i>\$36.67</i>	\$155.00
6	\$215.00	<i>\$35.83</i>	\$325.00
12	\$395.00	<i>\$32.92</i>	\$595.00
24	\$720.00	<i>\$30.00</i>	\$995.00
48	\$1395.00	<i>\$29.06</i>	\$1895.00