



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Treasure Valley Family YMCA Personal Training Pricing Structure

One-Time Purchase Packages

Individual 60 Minute Sessions	
Sessions	Price Per Session
1-4 Sessions	\$50.00
5-9 Sessions	\$45.00
10+ Sessions	\$40.00

Recurring Monthly Packages

Individual 60 Minute Sessions	
Sessions	Price Per Month
1 Session/Week	\$150.00
2 Sessions/Week	\$300.00
3 Sessions/Week	\$450.00

Family/Small Group 60 Minute Sessions

Sessions:	Price Per Person <i>Per Session</i>
As many as desired	\$30.00

Personal Training Information:

- * Recurring monthly packages will be added to your monthly membership dues and require a 3 month commitment. Cancellations must be made 30 days prior to next billing period.
- * All one-time purchase packages must be paid for in full at time of purchase.
- * All one-time purchase training packages expire one (1) year after initial purchase date. Unused monthly reoccurring sessions do not transfer to the next month.
- * Youth must be 10 years of age or older to participate in individual personal training. Youth 7 or older may participate in Family/Small Group training as long as one member of the family/small group is 18 or older.
- * All potential personal training clients may schedule a free 30-minute consultation with a personal trainer to discuss your wants, needs and interests in more depth and learn more about personal training.
- * Used group sessions are reflective of the entire group. This means if an individual misses a group training session that session still counts towards the groups used sessions and cannot be made up by the individual.
- * Family/Small Groups must have a minimum of 2 participants. Cost is per person.