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## FOR IMMEDIATE RELEASE

### **DOWNTOWN YMCA BREAKS GROUND ON A NEW BUILDING AND A NEW ERA FOR COMMUNITY HEALTH AND WELLNESS**

*The \$80M construction project is anticipated to be completed in 24 months.*

**BOISE, ID (October 29, 2024)** - The Downtown Boise YMCA celebrated an historic milestone today with the groundbreaking ceremony for its new state-of-the-art facility. This \$80 million project aims to create a hub that meets critical needs and supports the growth and well-being of the community, helping people of all ages and backgrounds.

The Treasure Valley Family YMCA has been a vital part of the Boise community since its founding in 1891. Over the years, the Y has played a crucial role in promoting youth development, healthy living, and social responsibility. The existing Downtown Boise YMCA, built in 1968, has been a cornerstone for generations, but the aging facility now requires costly repairs and faces numerous challenges, making it difficult to meet the Y's evolving needs and ambitions.

"Our vision is to build a place where everyone can thrive, and today's groundbreaking brings us one step closer to making that vision a reality," **said David Duro, President and CEO of the Treasure Valley Family YMCA.** "This new facility will be the cornerstone for a comprehensive project that will create a network of support, vitality, and community for thousands who live and work here."

This ambitious project has garnered significant support from numerous private and public partners, including a \$5M gift from CapEd Credit Union, which secures CapEd's legacy as the namesake for the future CapEd Downtown Boise YMCA. The \$80M project includes \$40M of philanthropic support. The Y is still actively raising \$5M in community donations to fully fund the project.

"The groundbreaking of the new CapEd Downtown Boise YMCA is a testament to our shared commitment to fostering a vibrant, healthy community," **said Governor Brad Little.** "This new facility not only will enhance access to important services but will also

serve as a central hub that brings people together, supports individual well-being and community connectivity, and creates a brighter future for all Idahoans."

As one of the earliest champions of the project, Congressman Mike Simpson played a pivotal role in securing \$4 million in federal support to bring this vision to life.

"This project is a perfect example of how federal investments can create lasting, positive change for our local communities," **said Congressman Mike Simpson.** "The new YMCA will be a cornerstone for health, wellness, and education, and I'm proud to have been part of its foundation."

In collaboration with St. Luke's Health System, the new Y will include dedicated clinical and shared spaces focused on community health. This partnership will bring services like lifestyle medicine, pediatric integrative medicine, and community-based programs, enhancing accessibility to health and wellness resources for people of all ages and abilities.

The new facility will also feature a CapEd Credit Union branch providing financial counseling and literacy programs. And the Y will construct a 123-seat Kissler Family Early Education Center, *doubling* the amount of early childcare available in the downtown area.

"The new Y will be a tremendous asset to our city, not only by enhancing community wellness but also by significantly increasing early childhood care," **said Boise Mayor Lauren McLean.** "By doubling the amount of early childcare available in downtown Boise, this project underscores our commitment to supporting families and fostering a strong, vibrant community."

The groundbreaking of the new CapEd Downtown Boise YMCA signifies a major step forward in creating a lasting legacy of health, wellness, and opportunity for all. With the continued support of the community and its partners, the YMCA is poised to elevate its impact and meet the evolving needs of Boise residents. Construction is estimated to take two years.

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## **ABOUT THE TREASURE VALLEY YMCA**

Established in 1891, the Treasure Valley Family YMCA (the Y) is a cause-driven, nonprofit organization that works to strengthen the foundation of our community by developing successful youth, engaging people in healthy living and instilling a commitment to social responsibility. Annually, it operates over 100 programs that serve 110,000 youth and families throughout its 4 facilities, 440-acre summer camp and over 30 child development sites. The Y believes all people deserve the chance to achieve their highest potential; therefore, it does not turn anyone away due to an inability to pay. The Treasure Valley Family YMCA provides over \$4 million in financial assistance every year so all may participate in our life-changing programs and services.

[www.ymcatvidaho.org](http://www.ymcatvidaho.org)

### **ABOUT THE DOWNTOWN BOISE YMCA**

The Downtown YMCA in Boise serves as a cornerstone of the community, offering a diverse range of programs and services aimed at promoting physical, mental, and social well-being. With its forthcoming redevelopment, the YMCA seeks to enhance its capacity to empower individuals and families to thrive.

### **ABOUT CAP ED**

CapEd Credit Union is a member-owned financial cooperative serving individuals, families and organizations throughout Idaho since 1936. CapEd is committed to member financial well-being and empowerment and enriching the communities it serves. CapEd provides a wide range of financial products and services designed to empower individuals and promote community prosperity. All are welcome to join for reliable financial solutions, exceptional customer service, and a wealth of educational tools to achieve their financial goals. Learn more at [capedcu.com](http://capedcu.com).

### **ABOUT ST. LUKE'S HEALTH SYSTEM**

As the only Idaho-based, not-for-profit health system, St. Luke's is a vital part of a healthy community, led by local physicians and boards. To further our organization's mission, "To improve the health of people in the communities we serve, we work together, share resources, skills and knowledge to provide the best possible care at every St. Luke's facility. To learn more, visit <https://www.stlukesonline.org/>.