

UNLOCK YOUR MIND, ENHANCE YOUR LIFE: EMPOWERING BRAIN HEALTH FOR A BRIGHTER FUTURE!

FREE EVENT | VIRTUAL & IN-PERSON | LUNCH INCLUDED | SATURDAY, OCTOBER 18 AT ICOM | 9:00AM-2:30PM

Brain health is a critical piece of holistic wellness and underlies our ability to communicate, make decisions, problem-solve, form and maintain relationships, and live a productive and full life.

OUR PRESENTERS





JEREMY CROWFOOT PharmD, PhD



Dr. DEB ROMAN D.O.



J. AUDIE BLACK PhD, ABN



LIANNA ERICKSON-TREMBATH LCPC, ACADC



DR. MEGAN DUNAY MD, MPH



LISA S. WILLIAMS ATR, LCPC-S, RM



AMBER KIRTLEY-PEREZ PA-C

For professional and general audiences. Additionally, it provides Continuing **Medical Education** for medical providers and fitness professionals. CME / CEC Registration Fee: \$10

TO REGISTER, SCAN THE QR CODE ÓR VISIT: https://tvfy.info/bhs-2025



For more information, please contact: Mary Biddle-Newberry mary.biddle@ymcatvidaho.org 208-344-5502, ext. 276

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