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## **YMCA Hosts Annual Spin-a-Thon on April 28** *Event will raise money for the Y's Financial Assistance Program*

**Boise, Idaho** – The Treasure Valley Family YMCA is once again kicking off Idaho Gives with the 7th annual Spin-a-Thon, an eight-hour spinning event to raise funds for the YMCA's Financial Assistance program ensuring everyone has access to YMCA services and programs, regardless of the ability to pay.

YMCA staff, volunteers, and members will be pedaling at all four facilities in the Treasure Valley on Monday, April 28 during various classes from 5 a.m.-1 p.m. and at the Downtown Boise YMCA in the evening from 4-6:30 p.m. This event is to raise awareness and money that will support growing access to the Y across our community. Riders will pedal on decorated cycle bikes at each of the Y's facilities.

To participate in the Spin-a-Thon, community members should contact one of the Treasure Valley YMCA locations or can find open classes and bikes at [tvfy.info/spinathon](http://tvfy.info/spinathon).

### Spin-a-Thon Locations:

- Caldwell YMCA – 3720 S Indiana Ave, Caldwell ID 83605, 208-454-9622
- Downtown Boise YMCA – 1050 W State St. Boise ID 83702, 208-344-5501
- Tomlinson South Meridian YMCA – 5155 S Hilldale Ln, Meridian ID 83642, 208-331-9622
- West Boise YMCA – 5959 N. Discovery Way, Boise, ID 83713, 208-377-9622

Donations made during the Spin-a-Thon or any time during the week of [Idaho Gives \(April 28-May 1\)](#) will be matched by generous friends of the Y such as the Boise Area Pickleball Association, Best Bath, HC Company, Teleo Capital, Norco, Hawley Troxell and other business leaders, allowing donors to double their impact.

In 2024, the Annual Giving Campaign brought in over \$1.44 million in community support and the Treasure Valley Family YMCA provided over \$3.6 million in financial assistance to community members.

To learn more about the Spin-a-Thon or to donate to the YMCA Annual Campaign, please visit [www.ymcatvidaho.org](http://www.ymcatvidaho.org) or [tvfy.info/spinathon](http://tvfy.info/spinathon).

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### **ABOUT THE TREASURE VALLEY FAMILY YMCA**

Established in 1891, the [Treasure Valley Family YMCA](#) (the Y) is a cause-driven, nonprofit organization that works to strengthen the foundation of our community by developing successful youth, engaging people in healthy living, and instilling a commitment to social responsibility. Annually, it operates over 100 programs that serve more than 110,000 youth and families throughout its 4 facilities, 440-acre summer camp, and more than 30 child development sites. The Y believes all people deserve the chance to achieve their highest potential: therefore, it does not turn anyone away due to an inability to pay. The Treasure Valley Family YMCA provides more than \$4 million in financial assistance every year to ensure access to resources, relationships, and opportunities for all to learn, grow and thrive. Learn more at [ymcatvidaho.org](http://ymcatvidaho.org).